



## Tower of Brahm

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*Developed in the field by educators affiliated with NSRF.*

### **Materials**

3 circular stands with center posts in the middle that stand 2.5 feet tall. 7 doughnut shaped pillows that are of increasingly larger size.

### **Task**

Move all pillows from one “tower” over to the third tower so that the pillows are stacked with the largest on the bottom and get increasingly smaller up to the top.

### **Rules**

1. Only one pillow can be moved at a time off of a post.
2. It must be repositioned on a new post before another pillow can be lifted off of a post.
3. Each participant needs to have contact with one pillow at all times.
4. Only smaller pillows can be placed on top of larger pillows.
5. Any infraction of the above rules results in having the group start over at the beginning.

### **Facilitator**

Begin by using 5 pillows.

If the group is successful with 5, have them try the challenge of moving 6 pillows. Record the time that it takes for the group to complete the puzzle.