Spider’s Web

Developed in the field by educators affiliated with NSRF.

Materials
12’ x 12’ web, clothes pins

Task
Whole team must get from one side of the web to the other side of the web by going through a portion of the web without there being any contact with the web.

Rules
1. Only one person can go through the web at a time.
2. Once a person goes through a section of the web, that section is closed off and is no longer available for use. (This is signified with a clothespin.)
3. The web is not to be touched by any person at any time. (This includes hair, clothing, and body parts.)
4. If anyone on the team touches any portion of the web while a person is going through the web, then that individual must return back to the original side and try again.
5. Once a person goes through the web, they cannot return back to the original side to help unless: a) they go back through the section they entered; b) if this happens then the original section is opened up for anyone’s use, and the person who returned home must once again go through the web in a section that is open. (This may or may not be the same section as before.)
6. If a person is lifted off the ground, the head must always be higher than the feet.
7. Spotting of participants is the responsibility of the team.

Facilitation
Safety is critical for this event. Failure to adequately spot on this activity could result in broken bones, concussions, neck or spinal injuries. Check participants understanding of appropriate spotting — what and where to spot. Feel free to coach and encourage spotting throughout the activity.

Continue to work both sides of the web as secondary spotting support, being ready in an instant to step in. DO NOT ALLOW someone to be lifted off of the ground if you have any question about the group’s ability or willingness to safety move and spot the individual. Do not hesitate to call a time out to reconvene group.

Processing the Experience
How would you describe the planning process your group used and its effectiveness? What problems needed to be solved during this activity? How did you generate ideas and make decisions about who would go when and where? How did uncertainty, fear, mistrust, concern get expressed and impact on your work as a group? How did you provide support to those with concerns? If the web were the challenge of implementing your plan next year, what might people have concerns or fears about? How can you support them?