Group Juggle

Developed in the field by educators affiliated with NSRF.

Task
The objective for the group juggle is for the team to juggle as many objects in the air as possible.

Materials
A variety of objects to be used for juggling.

Rules
1. Each person must throw to the same person and receive from the same person throughout the activity.
2. A toss has a low and high point. A toss is different than a pass or a hand off.
3. Objects that fall can be left alone or brought back into play.
4. A group is only allowed to use their own objects.

Facilitator
• Asks the group to form a circle.
• As the facilitator, explain that you want to create a pattern of tossing the ball as a team by calling out a person’s name and then throwing the object to them.
• After a person receives the ball, they are asked to throw it to someone else in the group until everyone has thrown and received the ball only once.
• Ask the group to remember the pattern and try the pattern again to make sure that they know to whom they throw and from whom they receive the ball.
• After the object is passed through the group a second time, explain the notion of juggling multiple objects. Invite the group to try again and to see how many objects they can toss.
• Let them know that when you count out loud, “1, 2, 3, STOP,” the group needs to stop and see how many objects they have in play.
• After 2 or 3 rounds, ask the group to set their own goal of what they believe they can accomplish and then invite them to try again.

Processing Questions
• How would you describe your feelings related to the juggle from the beginning, middle, and end?
• How would you describe your group’s effectiveness from the beginning, middle, and end?
• What did it take for you to be successful as a group?
• As we work to strengthen our learning community as a staff, what should we keep in mind?
• What might we do differently with our students as a result of this experiment?
• What problems were you trying to solve?
• How did you solve the problems we faced?
• Was there any fear of failure minimized by the activity and/or the group?
• How did the establishment of a goal impact on your team’s ability to work together and solve the problem?
• What kinds of reflection, intervention, and staff development/remediation, or redirection took place to improve your effectiveness?
• Are there connections between group success in this activity and your work?