The Focus/Framing Question Exercise

*Developed by Daniel Baron.*

1. Each participant identifies and writes in their journals about a dilemma that is important to him/her. The writer pays particular attention to the formation of his/her focus question. (5 minutes)

2. Form as diverse triads of 3 people as possible.

3. The facilitator identifies who will present first. For each person:
   - Present brief overview of the dilemma. Everyone makes note of the focus question. (2 minutes)
   - A few clarifying questions (2 minutes)
   - A few probing questions (5 minutes)
   - A conversation about the question. The presenter moves back away from the group. Did the focus question get at the heart of the dilemma? Will the question generate useful feedback for the presenter? (5 minutes)
   - Presenter’s reflection. What new insights do I have about my dilemma? (1 minute)

   **Each round will take 15 minutes**

4. We’ll do a whole group debrief of the process.