



## The Focus/Framing Question Exercise

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*Developed by Daniel Baron.*

1. Each participant identifies and writes in their journals about a dilemma that is important to them. The writer pays particular attention to the formation of their focus question. (5 minutes)
2. Form as diverse triads of 3 people as possible.
3. The facilitator identifies who will present first. For each person:
  - Present brief overview of the dilemma. . Everyone makes note of the focus question. (2 minutes)
  - A few clarifying questions (2 minutes)
  - A few probing questions (5 minutes)
  - A conversation about **the question**. The presenter moves back away from the group. Did the focus question get at the heart of the dilemma? Will the question generate useful feedback for the presenter? (5 minutes)
  - Presenter's reflection. What new insights do I have about my dilemma? (1 minute)

**Each round will take 15 minutes**

4. We'll do a whole group debrief of the process.