



The Focus/Framing Question Exercise

Developed by Daniel Baron.

1. Each participant identifies and writes in their journals about a dilemma that is important to him/her. The writer pays particular attention to the formation of his/her focus question. (5 minutes)
2. Form as diverse triads of 3 people as possible.
3. The facilitator identifies who will present first. For each person:
 - Present brief overview of the dilemma. . Everyone makes note of the focus question. (2 minutes)
 - A few clarifying questions (2 minutes)
 - A few probing questions (5 minutes)
 - A conversation about **the question**. The presenter moves back away from the group. Did the focus question get at the heart of the dilemma? Will the question generate useful feedback for the presenter? (5 minutes)
 - Presenter's reflection. What new insights do I have about my dilemma? (1 minute)

Each round will take 15 minutes

4. We'll do a whole group debrief of the process.